



HEALTHCARE IS A
HUMAN RIGHT.

The change we have made together

IMPACT report



Volunteers at the Heart of our Impact

In 2025, 79 volunteers supported our work in the UK, 45 Experts by Experience volunteers contributed their lived experience to our policy and advocacy work and we were supported by 7 Trustees.

▶ IMPACT IN ACTION

Doctors of the World UK exists to support people facing some of the **greatest barriers to healthcare**, both in the UK and around the world. Our work is driven by one truth, Healthcare is a human right, for all.

Alongside our direct support, we use evidence, lived experience and advocacy to challenge barriers to healthcare and influence policy, demonstrating that our impact is not only measured in the people we reach today, but in the systems **we help change for tomorrow**.

In 2025, this commitment translated into real and lasting impact.

Through the dedication of our staff, volunteers, partners, supporters and people with lived experience, we reached **nearly 2000 people** in moments of crisis, translating into 83+% of these people then accessing NHS healthcare.

From providing vital care and support to people experiencing exclusion in the UK, to responding to humanitarian emergencies overseas, every action contributed to a bigger goal:

A world where everyone can get the healthcare they need, wherever they are.

2025 IMPACT AT A GLANCE



1,925 people supported through our clinic, Advice Line and community work.



83+% of patients were helped to access the NHS.



695 consultations conducted (social and medical).



477 people reached through community education events.



190 casework sessions delivered.



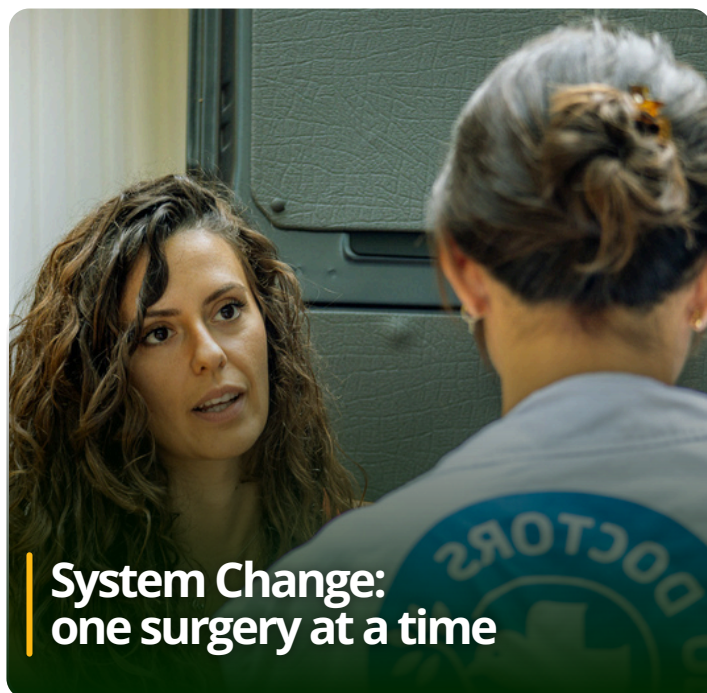
149 Advice Line sessions

► WHERE THE WORK HAPPENED

Safe Surgeries Impact

- 500 new surgeries signed up to our Safe Surgery initiative during 2025.
- 7 training sessions delivered to more than 300 people working in primary care.
- 3600+ primary care staff completed the Safe Surgeries e-learning course.
- 4.7/5 average score from GP surgeries when asked whether training improved their knowledge of rights to NHS services.
- 218 downloads of the new Safe Surgeries toolkit for clinicians caring for people seeking asylum.

2,600+ GP signed up to be practices a Safe Surgery



System Change:
one surgery at a time



Experts by Experience;
lived experience is vital to
our work

Change makers ► POLICY

RAF Wethersfield, a former military airbase in Essex, was used to accommodate people seeking asylum. Medical evidence from Doctors of the World UK supported a legal challenge, with the court finding people had been placed there unlawfully.

► CO-PRODUCTION

Vital Lived Experience

45 volunteers with lived experience turned their experiences of healthcare exclusion into action.

Influencing policy, informing national health work, speaking to the media and co-designing practical wellbeing support for people seeking sanctuary.

Impact made by our NHAs

- Actively influenced policy, engaging with and advising policymakers.
- Contributed to the development of the Tuberculosis Action Plan for England and worked with the UK Health Security Agency on inclusive approaches to health protection.
- Worked with Thrive LDN to co-design a wellbeing guide, 'It's okay not to be okay' for people seeking sanctuary in the UK.



► YOUR SUPPORT MATTERS



Courage to Care: messages that moved us

Refugee Week 2025, we launched Courage to Care, a campaign built around our truth, **healthcare is a human right for everyone, not a privilege reserved for some.**

At a moment when hostile rhetoric and anti-immigration sentiment are making people afraid to seek care they're legally entitled to, we asked the public to do something small but pointed, send a message of solidarity to the people and families we support.

The response was overwhelming. Hundreds of messages poured in, from strangers offering warmth, welcome, and plain human decency to people they'll never meet.

Below, we've picked out some of our favourites.

COURAGE TO CARE

**Together, we are
stronger**



“Refugees deserve our support to assist them in their need to reduce their traumas, anxieties & concerns. They contribute & benefit our society.

Janice”

“Stay strong the majority of the UK are not like these people 😊😊

Louise”

“Welcome to the UK. I am really sorry that some people will make you feel very unwelcome. I can only imagine the reasons you have had to leave your home country and the difficulties you have faced on your journey. I hope you will not meet hostility, but only helpfulness and friendliness.

Janet”

“It's awful that human beings of any colour or religion should be treated like this. We need a better world for everyone. Stop this racist hatred in the world. We are all here sharing the same planet.

Judith”

“We are all human beings just born under different circumstances. Not one of us is less deserving or less valuable than any other person. You are not alone and you are loved. **Stay strong.**

Helen”

“I am so sorry about the racism of some of our population and the weakness of our politicians in calling it out.

Dr Speight”



Doctors of the World Across the Globe

Médecins du Monde is an international medical network, founded in 1980, that fights for universal access to healthcare across 71 countries. MdM's Network shares a vision: **a world where barriers to health no longer exist and health is recognised as a fundamental right.**

Driven by the same values of activism, empowerment, social justice,

independence and balance, the Network's members work together to turn this vision into reality and to achieve a **greater impact on the world.**

Doctors of the World UK is the British chapter of this network, one of 17 national member associations working under the same banner worldwide.

Médecins du Monde/ Doctors of the World UK promotes a human rights-based approach to health, aligned with the WHO definition:

HEALTH IS A STATE OF COMPLETE PHYSICAL, MENTAL AND SOCIAL WELL-BEING, AND NOT MERELY THE ABSENCE OF DISEASE OR INFIRMITY.

► OUR CONTINUED HUMANITARIAN RESPONSE IN GAZA

In 2025, our teams of doctors, midwives, nurses and psychologists delivered **13,000** consultations per week across the Gaza Strip.

A third of consultations were made in partnership with local NGOs. Access to health has become so difficult that our doctors receive incredibly high number of patients every day. For instance, at one of our clinics in Al Azhar we saw over **1,000 patients** in one day.

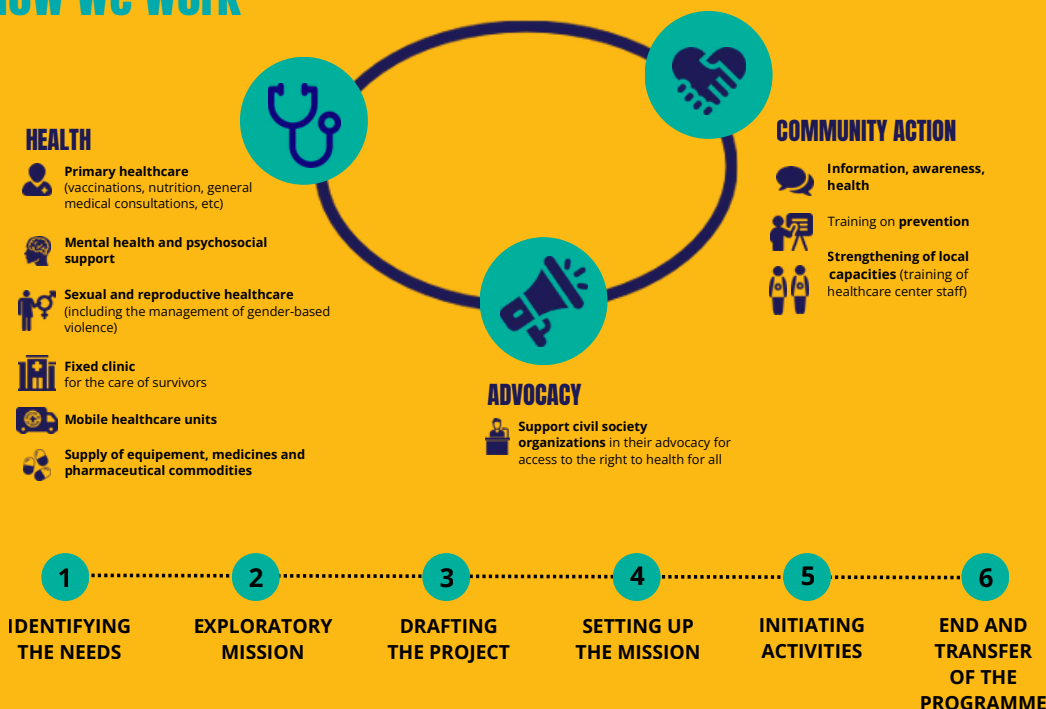
Thanks to your support, we have maintained access to five clinics and ensured sustainable access to medicines and essential medical equipment.

We also delivered thousands of mental health support sessions to help cope with trauma and offer a safe space to talk.

In November 2025, we launched a vaccination campaign in four of our clinics, to prevent risk of epidemics.

We provide first-aid, medical and mental health support, offer nutritional support and vaccines, and support several additional medical points.

How we work



MÉDECINS DU MONDE'S INTERNATIONAL PROGRAMMES

- 23** Countries in Africa
- 10** Countries in America
- 5** Countries in Asia
- 8** Countries in the Middle East
- 5** Countries in Europe



▶ YOUR SUPPORT AT WORK

Thank You for Making This Possible

In 2025, the generosity of our supporters **helped fund vital healthcare, advice and advocacy in the UK and around the world.**

Together, donations enable us to respond when people need us most, challenge the barriers that keep people from healthcare, and turn immediate support into lasting change.

Every donation helps us reach people who don't have access to the healthcare they need.

Growth into impact

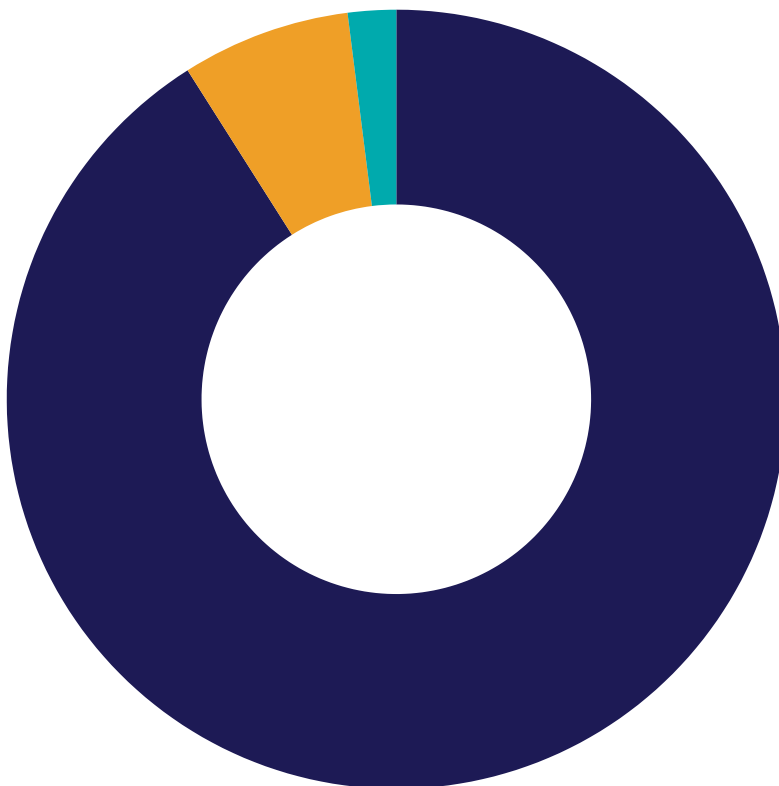
▶ FUNDRAISING AND FUNDING

● **Total income
£2.258M**

● **Year-on-year growth
+32%**

● **91p of every £1 spent
supports our charitable
work**

● Charitable activities ● Fundraising costs
● Governance costs



▶ WHERE THE CHARITABLE SPEND WENT

Income grew **32% year-on-year to £2.258m**, with £1.406m restricted to specific programmes and £852k unrestricted funding we directed to where it was needed most.

Expenditure for the year was £2.121m, of this amount **91 pence of every pound** was spent on our charitable activities, seven pence on our fundraising costs and two pence on governance costs.

▶ SUPPORTER AND SOCIAL NUMBERS

Email
Subscribers

62,671

Our target was 45,000.

Social Media
Followers

66188

+4,954 up 8.2% compared
to 2024

Total Posts

1480

Up 5% year on year

Total
Engagements

189k

92% increase compared to 2024

Total
Impressions

5.13m

On target to exceed our impressions
for 2025

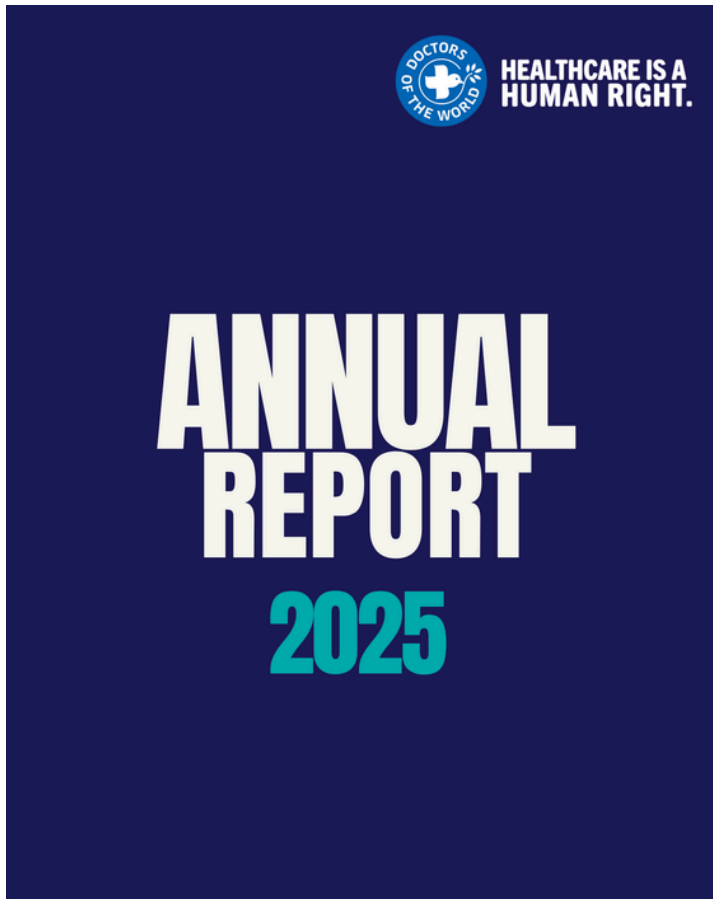
What make us different?

WE ARE THE ONLY UK CHARITY THAT COMBINES ON-THE-GROUND HEALTHCARE DELIVERY WITH SYSTEMIC POLICY ADVOCACY AT THE SCALE WE OPERATE.

"OF ALL THE FORMS OF INEQUALITY, INJUSTICE IN HEALTH IS THE MOST SHOCKING AND THE MOST INHUMAN"

REV. DR. MARTIN LUTHER KING JR.

READ MORE ABOUT OUR IMPACT THROUGHOUT 2025



THIRTY YEARS FROM WHEN WE BEGAN, THE WORK IS FAR FROM FINISHED, BUT SO IS OUR RESOLVE.

Help continue our legacy by supporting our new regular giving campaign.

'CARE THAT COUNTS' ◀



SCAN AND TAKE ACTION, JOIN US.



Your Next Chance to Make a Difference.

Start at
doctorsoftheworld.org.uk

Image credit pg 1,2&6 - © Jason Williams

LET'S GET INVOLVED

FEELING SOCIAL
WE'D LOVE TO CONNECT WITH YOU

