

## STEVE PEDDLES UP £1,500 FOR CHARITY



■ Perfect finish – the group of cyclists in Paris, after completing their 300-mile trip from London

A DOCTOR has raised more than £1,500 after cycling 300 miles from London to Paris.

Steve Shepherd, 28, an anaesthetist at Southend Hospital, completed the three-day ride for international humanitarian aid organisation Doctors of the World UK.

He said: "I did lots of cycling in preparation for this challenge, with treks from Southend to London and around Essex.

"I should have picked some hillier routes."

Steve, of Balmoral Road, Westcliff, was among 49 cyclists from France, Belgium and the UK who set off from south-east London. They finished at the Eiffel Tower.

He added: "One highlight was climbing the hill just before Dover and getting to look down on the entire port before freewheeling down the hill at 26 miles an hour.

"Finishing in Paris and seeing the Eiffel Tower was the perfect way to end.

"The welcome we received as a group at the finish was amazing and I felt surprised and delighted I had made it."

The charity works in disaster relief and responds to incidents worldwide.

Anyone wishing to support Steve can still donate by visiting [www.justgiving.com/sj-shepherd](http://www.justgiving.com/sj-shepherd)